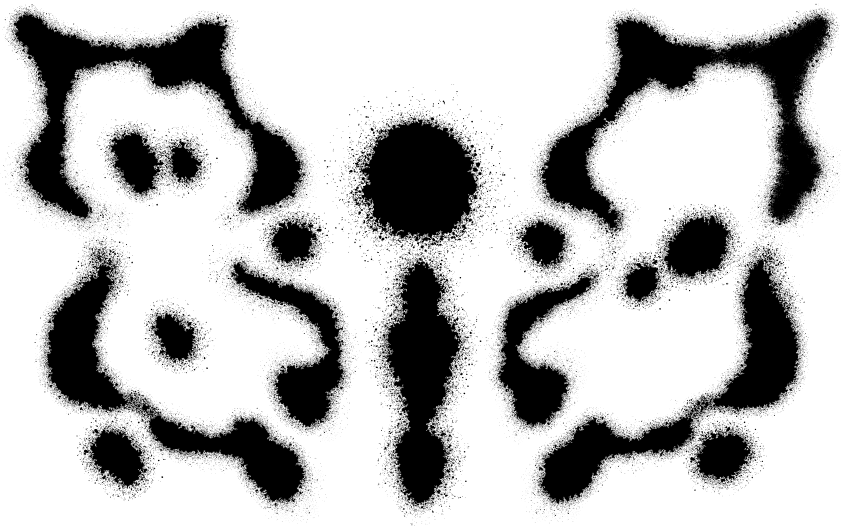
BIO

HOLLY-LEE DICKSON, GEORGINA EVANS, JOSSELINE JERIA, ADRIENNE PROUD, MIAH TITO-BARRATT

WE ARE STUDIOS

08. 02. 2025
– 30. 03. 2025

CURATED BY LIAM BENSON AND JORDAN VALAGEORGIOU OF WE ARE STUDIOS
ORGANISED BY EMMA HARBRIDGE WITH ASSISTANCE FROM RAINER CIAR, HAYLEY COGHLAN, RORY MOY, JAYNE WADE, AND TIAN ZHANG



The network of veins that connect the art exhibition, Bio, curated by Liam Benson and Jordan Valageorgiou from We Are Studios, shows the underlying connectivity between the artists, and the environment they see, feel and hear together. Whether it flows through the situations of their disability, exploring their unique expressions of lived experience, or their artistic views on the world connecting to the emotional heartbeat of nature. They have built an ecosystem of life, within their art practices, speaking to each other on a holistic inclusive level.

Exploring her disability through cultivating the relationship between emotions she wants to grow and perceive, Memory Garden by Adrienne Proud, explores memories. She has created a garden of caretakers of challenging memories hoping to find the balance between the elements. Opening up the inner world of her mind and how her disability challenges her well-being and her desire to create more positive growth within her emotional state. This series of predominantly black and red artworks, with hints of light colouring which gives a surprisingly nice feeling, which were made with hand-drawn pen is truly symbolic of how she wants to explain her complex trauma.

The immersive look into the life of an invisible illness is sometimes murky, and hard to see and understand, but with the multimedia installation of Miah Tito-Barratt - Days go by invites you to explore a recreation of their disability. There are paper mâché recreations of what their daily life looks like with ADHD / autism and chronic pain. Using film, sculpture and installation, Miah has represented what they experience through challenges. Exploring their recreated lifestyle that many experience, may be a comfort, to know you're not alone, or give insight into what some people go through, the challenges they face.

Captured through the eyes of Josseline Jeria, her Reverence for Burramatta series are a collection of artworks depicting Burramatta (Parramatta Park). The series of artworks share the deep connection she has developed with the land, having lived near Burramatta for over a decade; a place that has become special to her. Every painting she has given life to, by utilising handmade oil paints and handmade watercolour paper. While she experimented with various techniques, sometimes at different parts of Burramatta Park, the experiments helped to inform her centre piece, the painting of birds that live at Burramatta Park. Seating on the land, or as close as possible, all her landscape works were created on location where she felt a sense of safety, calm and belonging.

Imprinting the fabric of nature with a composition of pieces of eco-dyed fabrics, the works Flow by Georgina Evans, tell a story of potential loss in both urban and natural environment. Pulsing from her fascination with the dyeing process and Parramatta river, she has collected fallen debris from where humans and nature exist and has hand-drawn representations of living plant life. Experimenting with plant dyes and debris, staining pieces of Parramatta into the flow of fabric, she created an art piece, she is inspired by the role the river continues to play in life today.

Through the unseen bonds of artistic interconnectivity Plarnarchy! by Holly-lee Dickson, uses recycled material to showcase a society of fungi that communicates and explores relationships between others exhibiting in Bio. By adding little pieces of art, some crochet motifs crafted from recycled plastics & little mushrooms sprouting from reclaimed timber, she connects and relates to all surrounding pieces in the show. From discarded objects, she has created an ecosystem that reflects harmony between nature, art, humanity and all living systems.

From the eyes of mental illness and invisible disability to exploring and connecting, to seeing personal parts of the environment and creating a harmonious community, all these artworks speak to each other in an ecosystem built through art, humanities and nature.

Curated by Liam Benson and Jordan Valageorgiou from We Are Studios.
We Are Studios is a 100% disability-led, inclusive studio that empowers Western Sydney artists with disability to reach their creative potential by creating space to thrive.

Written by *Richard J Bell*
We Are Studios Artist

1. Mia Tito-Barratt

Days Go By, 2025
Video, Installation
4:26 minutes, dimensions variable

'Days go by' is a multimedia installation that displays the subtleties and absurdities of a life with an invisible disability. Using video and paper mâché sculptures Miah has replicated their comfort space and invites you to take a moment to stop and watch as they traverse the world. Enjoy their piles of laundry and dirty dishes, search for their sculptures and relax amongst the chaos.

2. Adrienne Proud

Memory Garden, 2024-2025
Pen and ink drawing on paper
Dimensions variable

My artwork explores the theme of memory.
As someone who spends a lot of time dwelling with difficult and challenging memories, I want to explore the different ways I process and store the memories so as to hopefully get better at cataloguing the painful ones and more readily access the joyful.

I imagine my inner world as a garden inhabited by beings who are the caretakers of my memories.
Some keep the memories under lock and key, some carry their memories as burdens on their backs or eternity.
Others hold their memories and tend to them with sweetness, care and fondness. Planting and cultivating them like seeds.
I hope to better acquaint myself with the latter.

I imagine my internal environment as a kind of eco system, where in order for it to flourish, there must be balance and harmony between the elements.

The beings must coexist alongside each other, ebbing and flowing with the tides and seasons of my experiences.
Through this exploration, I invite viewers to reflect on their own memories and the balance required to nurture their inner worlds."

3. Holly-lee Dickson

Planarchy!, 2025
Recycled mixed media sculptural installation
Dimensions variable

Plarnarchy! reflects on the wisdom of mycelium networks, embodying the interconnectedness of art, ecology, and humanity. My crocheted motifs, crafted from recycled plastic, connect the diverse works of fellow artists in the exhibition, symbolizing the unseen bonds that sustain creativity and community. At the center, a sculptural assemblage emerges from a plinth like fruiting bodies from a tree stump, surrounded by suspended workshop creations—a collective effort that speaks to the symbiosis of shared labor and vision. Using discarded materials, this piece transforms waste into beauty, symbolizing the regenerative potential of art and human connection. By echoing the quiet intelligence of ecosystems, this work invites reflection on collaboration, mutual care, and harmony with all living systems.

4. Josseline Jeria

Reverence for Burramatta series, 2024
1-18
Oil on handmade 100% cotton rag paper
22cm x 22cm each

Companions who take care of me, 2025
Oil on handmade 100% cotton rag paper
50cm circumference

In this series of works, I depict Burramatta (Parramatta Park), the traditional lands of the Burramattagal people. I have lived near Burramatta for over a decade. During this time, I have developed a strong and deep connection to this land and its non-human inhabitants. My focus with these works is depiction through a non-anthropocentric lens. The paintings have been painted in plein-air, each time paying reverence to what Burramatta gives me: a sense of inner safety, security, calm and belonging. The moments of connection that I experience are akin to Clarice Lispector's wholehearted words: "The rain and Ló ri were as joined as the water of the rain was to the rain."

5. Georgina Evans
Flow, 2024
Eco dyed cotton
Dimensions variable

This is an artwork composed of pieces of eco-dyed fabric, using plant material gathered from the Parramatta area as the source of the dye. The natural materials were gleaned from gardens and places where humans and nature exist together.

The dyeing process always involves experimentation with fabrics, plant dyes and mordents and with the elements of time and temperature. The process fascinates me as the resulting works of art vary so dramatically. They are all beautifully unique, echoing the bark and leaf litter that feed our forests and rivers.

My work tells a simple story of the importance of the natural environment in our lives and the potential catastrophe of environmental loss due to urban development. I am inspired by the central place that the River continues to play in the life of Parramatta today.

Flow, refers to the flow of the River, the flow of time.

Pari and We Are Studios are supported by the NSW Government through Create NSW
Pari also receives support from the City of Parramatta

Bio is powered by Lūpa Media Player.
More information at lupaplayer.com

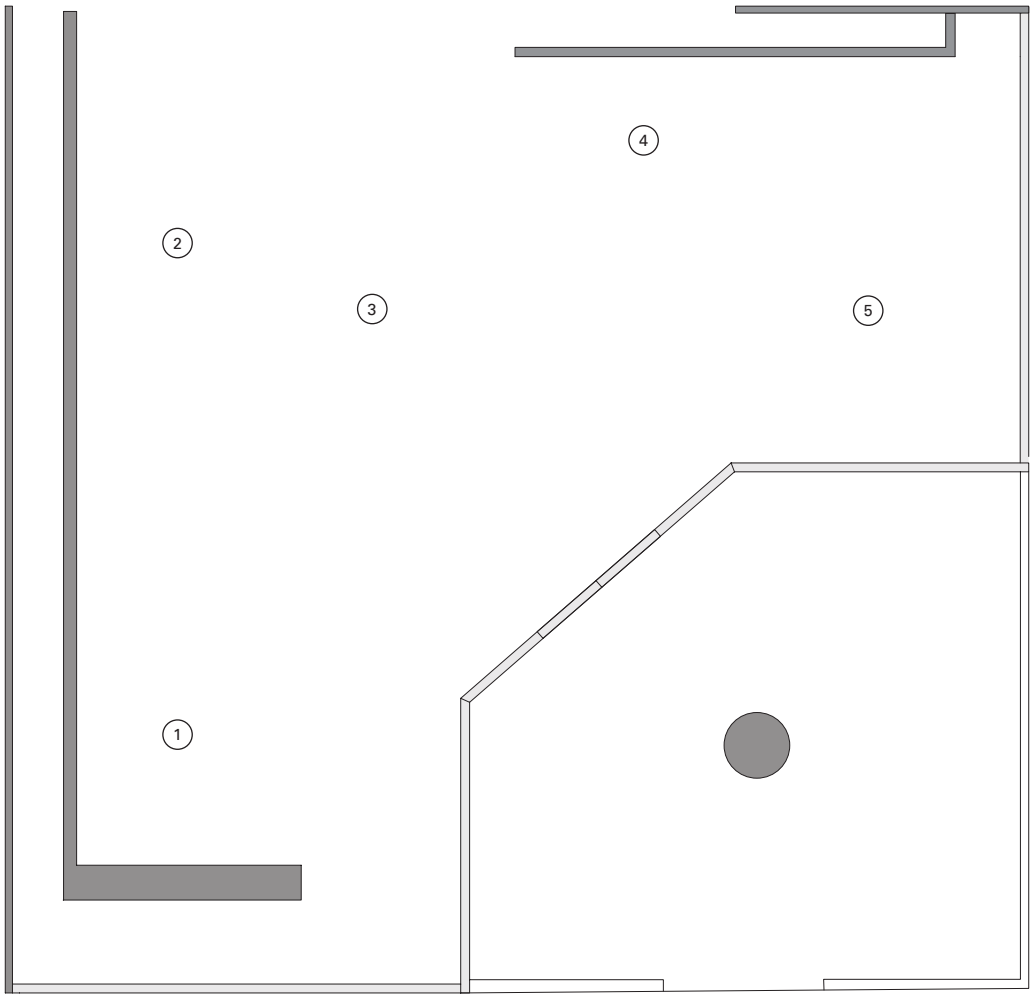
BIO

HOLLY-LEE DICKSON, GEORGINA EVANS, JOSSELINE JERIA, ADRIENNE PROUD, MIAH TITO-BARRATT

WE ARE STUDIOS

08. 02. 2025
– 30. 03. 2025

CURATED BY LIAM BENSON AND JORDAN VALAGEORGIOU OF WE ARE STUDIOS
ORGANISED BY EMMA HARBRIDGE WITH ASSISTANCE FROM RAINER CIAR, HAYLEY COGHLAN, RORY MOY, JAYNE WADE, AND TIAN ZHANG



1	Mia Tito-Barratt	4	Josseline Jeria
2	Adrienne Proud	5	Georgina Evans
3	Holly-lee Dickson		